

May & June 2024 Leaflet

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General Information Park Board Meetings

The Park District of Forest Park Board of Commissioners meets the 3rd Thursday of each month. The meetings are held at 6:00pm in the Admin. Building. Meetings are broadcast via Teams.

Photograph Policy Photographs are occasionally taken during Park District of Forest Park classes, events, and leagues. Please be aware that these photos are for park district use only and may be used for promotional purposes. If your picture has been taken and you wish that it not be used, please contact us at hr@pdofp.org!

Special Thanks The Park District of Forest Park acknowledges the cooperative efforts shown by the Village of Forest Park, the Forest Park Public Library, and Forest Park School District 91, in contributing to recreation efforts. Your cooperation is greatly appreciated!

Park District Youth License Plates

Park districts in Illinois have been providing vital youth programs for many years. Park and recreation agencies step in to fill the gap for children and working parents during beyond school hours. The sale and subsequent renewal of each plate generates \$25 specifically for the PowerPlay! Beyond School Grant Program. These funds help youth programs in park and recreation agencies throughout Illinois. *The Park District of Forest Park is a proud recipient of the PowerPlay! Grant*

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Admin. Building 708-366-7500 Roos Rec Center 708-866-7667 Aquatic Center 708-366-7500x130

Program Cancellation Policy

The Park district reserves the right to cancel, postpone, or combine classes and change instructors. Programs not meeting the minimum registration will be cancelled and patrons will be notified. Refunds or household credits will be issued upon request.

All efforts will be made to ensure a program or event runs. In most cases, cancellation decisions will be made within one week of the beginning of the program. All participants in cancelled classes will be notified by Park District Staff and will receive a full refund.



About Us Our Mission

The mission of the Park District of Forest Park is to provide excellence in recreational opportunities through the park, facilities, and programs that will enhance the quality of life for its residents and guests.

WSSRA

The Park District of Forest Park is proud to be a partner agency and supporter of the West Suburban Special Recreation Association.

History

The Park District of Forest Park was established on November 14, 1934. The park district campus provides a variety of activities for all ages and houses unique indoor and oudoor facilities including the Roos Rec Center, Mohr Skate Park, 3 softball fields, 6 tennis courts, inline skating rink, bocce ball courts, a sand volleyball pit, 2 playgrounds, the Forest Park Aquatic Center, outdoor fitness court and more!

Board of Commissioners

John Doss - President Kristen Lyons - Vice President Cathleen McDermott - Commissioner Timothy Gillian - Commissioner Roy Sansone - Commissioner

Park District Staff

Jackie Iovinelli - Executive Director Andrew Doss - Supt. of Buildings & Parks Danette Krajewski - Supt. of Recreation Jeff Murphy - Supt. of Business Adam Cumbee - Comm. & Marketing Mgr. Karrie Schlichting - Facilities Coordinator Ryan Vilanova - Recreation Supervisor Dominique Mazzulla - Recreation Supervisor

Special Events





July 19 Elemental

August 16 Wonka

All movies begin at dusk on front lawn

Weds. Concert Schedule: June 26 Classical Blast

> July 10 Valius

August 14 Strung Out

All concerts 6:30-8:00pm at the **Roos** Pavilion



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Aquatic Center

Pool Passes On Sale



2024 Pool Pass 3-59 Years Resident: \$75 Non-Resident: \$150 2024 Senior Pool Pass 60+ Resident: \$70 Non-Resident: \$105 Can be purchased in-person or online





Diving Dolphins - Saturdays - 8:45-9:15am

Jr. Lifeguard

Fridays, June 7-August 9 9:45-10:30am R:\$65/NR:\$75 or \$10 Drop-in fee per class Ages 12-15

Calling all water warriors, get ready for an action-packed program where you'll splash into the basics of lifeguarding. <u>https://bit.ly/JrLifeguard2024</u>

Summer Lugu Pool Party

Passholders & Residents Only Thursday, June 6 6:00-8:00pm Free for season pass holders \$15/resident w/ no season pass Join us as we escape to a tropical paradise at our special Summer Luau Pool Party!

> Learn more at https://bit.ly/pdofpLuau2024

> Aqua Zumba is back!

We're adding an extra day to this popular class!



Fridays, June 21 - August 9 10:30-11:30am Sundays, June 23 - August 11 5:00-6:00pm

R:\$60/NR:\$70 or \$12 Drop-in fee per class Instructor: Nakisha Skinner

https://bit.ly/AquaZumba2024

Youth Programming

KIDS COOKING WITH RYAN & ANDRE

Grilled Cheese - May 1 It's time to bring back the classics! Come join Ryan and Andre as we whip up some grilled cheese. We'll have a variety of diffrent breads and cheeses for you to find your perfect blend. All Kids Cooking Classes are on Weds. evenings from 6:15-8:15pm in Building 4. The cost per person is \$12. Learn more at

https://bit.ly/KidsCooking24



Friday Fun Pizza & Movie Nights

May 10 - The Secret Life of Pets 6:15-8:00pm Building 4 \$13/person Whether your kids are looking for a hang out, or parents are looking for a night out, we've got you covered! Enjoy a movie, pizza, and a Friday night with friends at Friday Fun Pizza & Movie Nights!

https://bit.ly/FriMovies24

Hip Hop Dance

Tuesdays, Mar. 5 - Apr. 30 5:15-6:00pm Ages 5-12 R:\$40/NR:\$50 for session or \$8 Drop-in fee per class Instructor: Mr. Sidney Roos Recreation Center Mr. Sidney's high-energy class fuses the latest sounds in music with movements influenced by today's hottest choreographers. <u>https://bit.ly/HipHop2024</u>



Magic w/ Gary Kantor

Wednesday, May 22 6:45-7:40pm Ages 5-12 \$22/person (includes class and take-home magic kit!) Magic co-op class held at Park District of Oak Park Learn fascinating tricks from a professional magician and amaze family and friends with all types of tricks with cards, coins, mind-reading and more! <u>https://bit.lv/MagicMay22</u>

Sports & Fitness

Summer Tennis

Monday -Thursday June 10 - August 8 Ages 8-10: 9:00-10:30am Ages 11-13: 10:30-noon Instructor: Coach Bernard \$380/entire session or \$12 Drop-in fee per class Roos Recreation Center Gym Work up your tennis skills through various drills and games in this fun class! https://bit.ly/YouthTennis2024

Drop-In Volleyball Tuesdays

through Dec. 17 7:00-9:00pm Ages 14+ \$9 drop-in fee



Roos Recreation Center Gym All skill levels welcomed for this 2-hour open gym style play at the Roos! Spots are limited, make sure to lock yours in today so you don't get bumped! Take your game to the next level through actual pickup style games! https://bit.ly/DropInVball24

Zumba

S ZUMBA

Sundays through Dec. 24 10:15-11:00am, Ages 15+ \$5 drop-in Fee per class Instructor: Kenya Madison-Gabler Roos Multipurpose Room This Sunday morning dance party is for everybody and every body! It's also FREE for Roos members. https://bit.ly/Zumba2024

Jiu Jitsu

Tuesdays May 7 - June 25 5:00-5:45pm Ages 7-13 \$65 per person Roos Multipurpose room Use leverage and body position to your advantage. This program helps develop a strong sense of self-confidence, discipline, and a healthy respect for others! https://bit.ly/JiuJitsuSumer2024

Yoga

Restorative: Mondays through May 20 Vinyasa: Thursdays through May 23 6:00-7:00pm Ages 16+ \$10 Drop-in fee or free with Roos Membership! Instructor: Deja Porter Roos Multipurpose room We've got two different types of yoga coming back to the Roos! Try relaxing poses with Restorative Yoga or flow various poses together with Vinyasa! https://bit.ly/YogaWithDeja2024

Zumba Gold Szimba



through Dec. 18 10:30-11:30am, Ages 18+ FREE in partnership with Rush Oak Park Hospital. Roos Recreation Center Gym Join us for a dance-based fitness class with chair-based moves as well as some moving and grooving standing up. https://bit.ly/Zumba2024

Teen Programming

After Hours at the Roos

Friday, June 21 7:00-9:00pm Ages 13-17 FREE



Cooking: Shakshuka Wednesday, May 15 6:15-8:15pm Ages 13-18 FREE

Roos Recreation Center

After Hours is back! We're teaming up with the Forest Park Public Library to provide a fun space for your teen to create their own Friday fun with friends



as we enjoy a parent-free evening filled with pizza, volleyball, kickball, dodgeball, games, crafts, and a whole lot more! There is no cost to attend, but pre-registration is required.

After Hours is limited to 50 participants so make sure to register today at https://bit.ly/RoosAfterHours2024 2nd Floor Admin. Building Shakshuka translates to all mixed up. Come mix it up with Ryan and Andre as we enjoy this traditional vegetarian egg dish that includes tomatoes, peppers, and aromatics that will take your taste buds

straight to tasty town. A huge thank you to the Forest Park Public Library for teaming up with us and sponsoring this event so it can be enjoyed for



free! Spots are limited and pre-registration is required. Register today at <u>https://bit.ly/TeenCooking2024</u>



Painting with Candace *Bonjour Paris!*

Thursday, May 16 6:30-8:30pm \$40 per person Ages 18+ 2nd Floor Admin. Building Focus on fun art, not fine art, in this all-supplies-provided art class! Bring a smile and your favorite refreshments and get ready to paint your own whimsical version of the famous Eifel Tower! <u>https://bit.ly/PaintingMay2024</u>

Sr. Mat Yoga

Thursday virtual option also available at link below! Tuesdays through June 4 10:00-11:00am Ages 18+



\$50 for session or \$8 Drop-In Fee Instructor: Diana Coates 3rd Floor Admin. Building Focus on flexibility, body awareness, and breathing techniques at your own level through gentle Hatha Yoga exercises. Help develop stability and balance and finish off each class with a 10-minute relaxation. <u>https://bit.lv/SrYoga2024</u>

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College Knowledge Jeopardy: Monday, May 6 · 7:00 PM

Have all your questions answered about college and the application process, and win cool prizes in the process!

Totally Teen Book Club: Monday, May 13 · 5:00 PM

Grab a copy of our book of the month -- then discuss it with us (and with snacks) at the Library's brand new Totally Teen Book Club! This month, we're reading The Field Guide to the North American Teenager by Ben Phillippe.

Fandom Friday: Friday, May 17 · 5:00 PM

Celebrate your favorite fandoms! Today we'll enjoy episodes of Adventure Time while making our very own paper BMO.

Pom Pom Plants: Friday, May 24 · 5:00 PM

Fake plants with a fuzzy twist! Make your very own potted pom pom plant.

Jewelry Making: Sat<mark>urday, Ju</mark>ne 8 · 2:00 PM

Make your own earrings, necklaces, and bracelets with customizable charms and patterns.

Mystery Monster Plushies: Monday, June 17 · 2:00 PM

Design a monster! We'll spend the week turning your designs into reality.

Monster Drawing: Saturday, June 22 · 11:00 AM

Explore drawing fundamentals to create fabulous monsters with a professional artist.

More information and links to register for these awesome programs can be found at <u>https://fppl.evanced.info/signup/Calendar</u> 6

Roos Recreation Center

For an up-to-date facility schedule, as well as membership information, scan the QR code and visit our website!

Roos Recreation Center Membership Rates for 2024

Membership Type	Price
Resident Veteran	\$0.00
Resident Annual	\$ 199.00
Non-Resident Annual	\$ 290.00
Adult Resident Monthly	\$ 26.00
Adult Non-Res Monthly	\$ 36.00
Student Resident Annual	\$ 176.00
Student Non- Res Annual	\$ 241.00
Student Resident Monthly	\$ 22.00
Student Non-Res Monthly	\$ 34.00
Senior Resident Annual	\$ 121.00
Senior Non-Res Annual	\$ 176.00
Senior Resident Monthly	\$ 12.00
Senior Non-Res Annual	\$ 22.00
Corporate Annual	\$ 242.00
Corporate Monthly	\$ 32.00
Visit the Roos website at <u>https://bit.ly/RoosRecreationCenter</u>	









Have any fun programming ideas you think we should look into? Would you like to teach a class that we don't currently offer? We want to hear from YOU! If you have any fun ideas you'd like to pass along, feel free to send us an e-mail at hr@pdofp.org!

Facility Rentals We've got some great indoor and

We've got some great indoor and outdoor rental space available for your fun or party needs! Banquet rooms, tennis courts, fields and more! See pricing and facility information at <u>https://bit.ly/PDoFPRentals</u>

Questions? Give us a call at 708-366-7500 or e-mail kschlichting@pdofpstaff.org



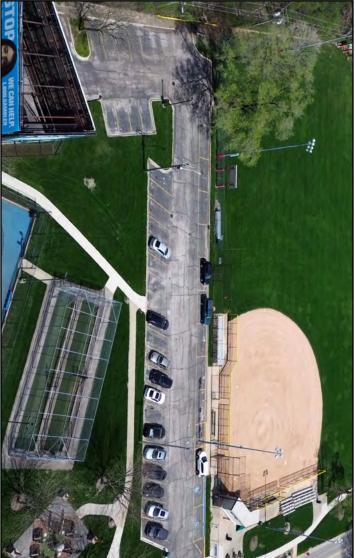
Lathrop Lot Parking

Did you know we offer Day & Night Permit Parking in our Lathrop Parking Lot? (pictured below)

There are two types of stickers and three options: Daytime (\$90), Nighttime (\$90), and both (\$135).

Parking passes are sold quarterly, and the next quarter runs April-June.

Passes must be purchased in-person at the Admin. Building. (7501 Harrison St.)



Find more information on all current and upcoming Park District of Forest Park programs & events and create your account(s) at <u>https://bit.ly/AmiliaPDoFP</u>



enriching lives through recreation

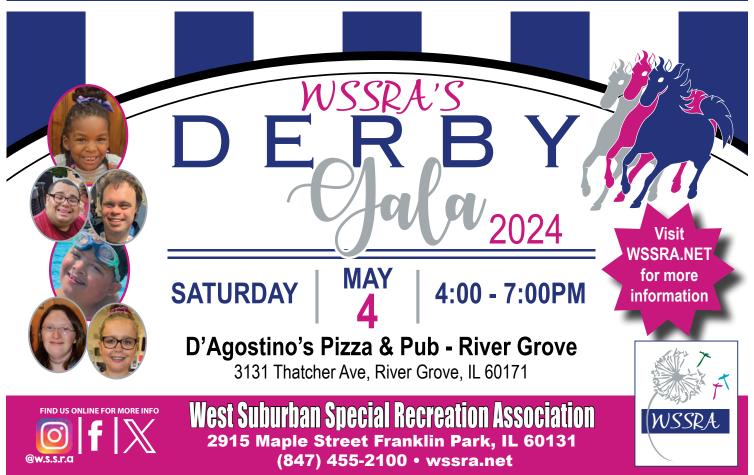
As an extension of the PARK DISTRICT OF FOREST, WSSRA offers our residents recreation programs for persons with disabilities, of all ages and ability levels.

View WSSRA's Seasonal Program Guide & Summer Day Camp information at <u>WSSRA.NET</u>

WSSRA's IN COM

multi-sensory experience in a calm and relaxing environment. Schedule your private family play session at WSSRA.NET





Take Time for Fun at the Park District of Forest Park!

Stay up-to-date on all PDoFP programs, events, and news by following us on Social Media or visiting our website!

@PDoFP

@PDForestPark

@PDForestPark

@RoosRecCenter

@FPAquaticCenter

www.PDoFP.org Admin. Building: 708-366-7500 Roos Rec Center: 708-866-7667

> Park District of Forest Park Stay Close, Go Far



