



Park District
of Forest Park
Stay Close, Go Far

Nov. & Dec.
2023 Leaflet

General Information

Park Board Meetings

The Park District of Forest Park Board of Commissioners meets the 3rd Thursday of each month. The meetings are held at 6:00pm in the Admin. Building. Meetings are broadcast via Zoom.

Photograph Policy

Photographs are occasionally taken during Park District of Forest Park classes, events, and leagues. Please be aware that these photos are for park district use only and may be used for promotional purposes. If your picture has been taken and you wish that it not be used, please contact us at hr@pdofp.org!

Special Thanks

The Park District of Forest Park acknowledges the cooperative efforts shown by the Village of Forest Park, the Forest Park Public Library, and Forest Park School District 91, in contributing to recreation efforts. Your cooperation is greatly appreciated!

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Contact Us:

Admin. Building

708-366-7500

Roos Rec Center

708-866-7667

Aquatic Center

708-366-7500x130

Building 4

708-771-7381

Email:

hr@pdofp.org

Facebook:

@PDofP

@RoosRecCenter

@FPAquaticCenter

Twitter/Instagram

@PDForestPark

About Us

Our Mission

The mission of the Park District of Forest Park is to provide excellence in recreational opportunities through the park, facilities, and programs that will enhance the quality of life for its residents and guests.

WSSRA

The Park District of Forest Park is proud to be a partner agency and supporter of the West Suburban Special Recreation Association.

History

The Park District of Forest Park was established on November 14, 1934. The park district campus provides a variety of activities for all ages and houses unique indoor and outdoor facilities including the Roos Rec Center, Mohr Skate Park, 3 softball fields, 6 tennis courts, inline skating rink, bocce ball courts, a sand volleyball pit, 2 playgrounds, the Forest Park Aquatic Center, outdoor fitness court and more!

Park District Youth License Plates

Park districts in Illinois have been providing vital youth programs for many years. Park and recreation agencies step in to fill the gap for children and working parents during beyond school hours. The sale and subsequent renewal of each plate generates \$25 specifically for the PowerPlay! Beyond School Grant Program. These funds help youth programs in park and recreation agencies throughout Illinois.

The Park District of Forest Park is a proud recipient of the PowerPlay! Grant



Board of Commissioners

John Doss - President

Kristen Lyons - Vice President

Cathleen McDermott - Commissioner

Timothy Gillian - Commissioner

Roy Sansone - Commissioner

Park District Staff

Jackie Iovinelli - Executive Director

Andrew Doss - Supt. of Buildings & Parks

Danette Krajewski - Supt. of Recreation

Jeff Murphy - Supt. of Business

Adam Cumbee - Comm. & Marketing Mgr.

Karrie Schlichting - Facilities Coordinator

Ryan Vilanova - Recreation Supervisor

Dominique Mazzulla - Recreation Supervisor

Special Events

Breakfast with Santa

Saturday
December 16
9:00-10:30am
R:\$12/NR:\$15
Admin. Building
7501 Harrison St.

Santa and Mrs. Claus are back for breakfast here at the PDoFP Admin. Building! Indulge in delicious pancakes, savory sausage, juice, milk, and hot coffee!

For a little extra festive fun, we will have some games, coloring, and crafts available during breakfast!

Learn more or register at <https://bit.ly/SantaBreakfast2023>



Pre-registration is required. All participants ages 2+ need to be registered.

Be sure to register early as this event is sure to fill up!

Baton Twirling Workshop

All Ages

Saturday, November 11

2:00-2:45pm

FREE

Instructor: Carol Lites

Roos Rec Center Gym

Join us for this FREE Baton Twirling Workshop led by Carol Lites, who has 40+ years of twirling instruction experience, and come find out why our participants can't get enough! This workshop will not only focus on how to twirl a baton, it will also encourage and promote teamwork, hand-eye coordination, spatial awareness and more! No experience is necessary and there is no cost to attend this workshop but pre-registration is required.

Learn more or register for this unique workshop at

<https://bit.ly/BatonWorkshop2023>



Youth Programming

KIDS COOKING WITH RYAN & ANDRE

Mac & Cheese

November 1

It's the return of the Mac'!

Join Ryan and Andre as we use our noodles and mix up the classic cheesy goodness that we all know and love!



Sloppy Joe

December 6

This ain't no average Sloppy Joe!
Come learn what it takes to make this deliciously messy sandwich with Ryan and Andre featuring guest chef Danette!

Enchiladas

November 29

It's going to be a fiesta in Building 4!

Ryan and Andre are rolling into some tasty filled goodness that will do a little salsa on your taste buds.



Meatball Subs

December 20

Ain't no scrubs when it comes to these subs! Join Ryan, Andre, and guest chef Dominique as we have a ball with some tasty meatball subs.

All Kids Cooking Classes are on Wednesday evenings from 6:15-8:00pm in Building 4.
The cost per person is \$12. Learn more at <https://bit.ly/CookingFall2023>

Friday Fun Movie Nights

November 10 - Elemental

December 8 - TBD

6:15-8:15pm

Building 4

\$13/person

Whether your kids are looking for a hang out, or you parents are looking for a night out, we've got you covered! Enjoy a movie, pizza, and a Friday night among friends at Friday Fun Movie Nights!

<https://bit.ly/MovieFall2023>

Teen Cooking Class

Wednesday, November 15

6:15-8:00pm

Ages 13-15

FREE



Instructors: Ryan V. & Andre S.

2nd Floor Admin. Building

We're teaming up with the Forest Park Public Library to bring you a brand new teen cooking class and we're kicking it off with one of the greats, a Philly Cheese Steak!

Spots are limited so head over to <https://bit.ly/TeenCookingNov2023>



Youth Programming

Hip Hop

Tuesdays

Nov. 7 - Dec. 19

5:15-6:00pm

Ages 5-12

R:\$40/NR:\$50 for session
or \$6 Drop-in fee per class

Instructor: Mr. Sidney

3rd Floor Admin. Building
Mr. Sidney's high-energy
class fuses the latest sounds
in music with movements
influenced by today's
hottest choreographers.
Dance outside of the box
in this popular class!

<https://bit.ly/HipHopWinter2023>

Beginning Dance

Tuesdays

Nov. 14 - Dec. 5

3:30-4:00pm

Ages 3-5

R:\$25/NR:\$30

Instructors: Alanna,
Sydney, & Maddie

Roos Multipurpose Room
Learn the basics of dance,
techniques, flexibility,
tumbling and more all
along to some fun music!
This beginner class is a
great way to get familiar
with all sorts of movement.

<https://bit.ly/BegDance2023>

Cheer & Dance

Tuesdays

Nov. 7 - Dec. 5

4:15-5:00pm

Ages 6-9

R:\$30/NR:\$35

Instructors: Alanna,
Sydney, & Maddie

Roos Multipurpose Room
Learn technique, turns,
jumps, and leaps from all
different styles of dance.
Each week we will focus
on a new style of dance
and learn a new combo
from that style.

<https://bit.ly/CheerDance2023>

Baton Twirling

Saturdays

Nov. 11 - Dec. 16

1:00-1:45pm

Ages 5-13

R:\$40/NR:\$50

Instructor: Carol Lites

Roos Rec Center Gym
Combine dance, agility,
coordination, flexibility &
more while manipulating a
single or multiple batons!
Our instructor has over
40+ years of experience!

<https://bit.ly/BatonWinter2023>

Pre-Ballet

Saturdays

Nov. 4 - Nov. 25

9:00-9:45am

Ages 4-6

R:\$25/NR:\$30

Instructor: Mrs. Michelle
Roos Multipurpose Room
Intro to ballet concepts
with emphasis on large
motor movements. Learn
different stretches and
ballet positions through
exercises and games.

<https://bit.ly/PreBalletNov2023>

Beginning Jazz

Saturdays

Nov. 4 - Nov. 25

9:50-10:35am

Ages 5-9

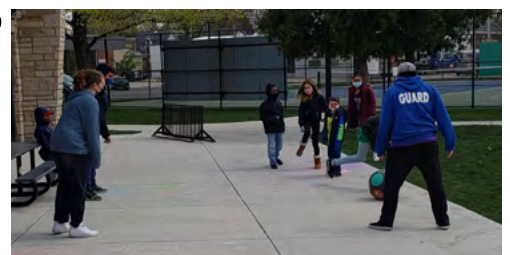
R:\$25/NR:\$30

Instructor: Mrs. Michelle
Roos Multipurpose Room
This class will introduce
jazz technique, focusing
on basic positions, turns,
jumps, and leaps. Learn
motions, stretches,
techniques & more!

<https://bit.ly/BegJazzNov23>

AFTER SCHOOL FUN CAMP

After School Fun Camp is in full swing so head on over
to <https://bit.ly/AfterSchoolCamps2023> for more info or
to register! We'll provide a ride from school and provide
homework time as well as snack time and free play!



Youth Programming

Magic w/ Gary Kantor

Wednesday, September 27

5:00-5:55pm

Tuesday, December 19

5:00-5:55pm

Ages 4-12

\$22 for class+take-home kit
Amaze friends and family as
you learn a wide variety of
mind-bending and physical
magic tricks from a real pro!

This is a co-op program with
the Park District of Oak Park

<https://bit.ly/MagicCoOp2023>

Tiny Tots

Thursdays

Nov. 9 - Dec. 7

10:00-10:45am

Ages 2-4

R:\$25/NR:\$30, \$8 Drop-in

Instructor: Maddie S.

Roos Multipurpose Room

Join us for a fun intro to
dance and movement.

Tots will learn different
stretches, tumbling, and
positions, as well as
dances to different music.

<https://bit.ly/TinyTotsFall2023>

Parent & Me Yoga

Fridays

Nov. 3 - Dec. 22

9:30-10:30am

Ages 6 mos. - 4 yrs.

R:\$40/NR:\$50

Instructor: Kelly

Roos Multipurpose Room

Poses, songs, stories and
games are combined to
create an enriching
parent/child activity. Suit
your tot's curiosity
learning poses via play!

<https://bit.ly/AdultTotYoga2023>

NEW

Sports & Fitness

Jiu Jitsu

Wednesdays, Nov. 1 - Dec. 20

5:00-5:45pm, Ages 7-15

R:\$55/NR:\$65

Roos Multipurpose Room

Develop a strong sense of self-confidence,
discipline, and a healthy respect for others
in this martial arts class that focuses on
leverage and body positions.

<https://bit.ly/JiuJitsuWinter2023>

Zumba

Sundays through December 31

10:15-11:00am, Ages 15+

\$10 drop-in Fee per class

Instructor: Kenya Madison-Gabler

Roos Multipurpose Room

This Sunday morning dance party is for
everybody and every body!

It's also FREE for Roos members.

<https://bit.ly/ZumbaSummer2023>



Indoor Kickball

Thursdays, Nov. 2 - Dec. 21

6:00-8:00pm, Ages 7-12

R:\$30/NR:\$40 or \$5 Drop-in fee per class

Roos Recreation Center Gym

Let's play some kickball!

Join us Thursday nights and prepare for
some fun as we split up the teams and let
the good times roll!

<https://bit.ly/ZumbaSummer2023>

Zumba Gold

Wednesdays through December 27

10:30-11:30am, Ages 18+

FREE in partnership with

Rush Oak Park Hospital.

Roos Recreation Center Gym

Join us for a dance-based fitness class with
chair-based moves as well as some
moving and grooving standing up.

<https://bit.ly/ZumbaGold2023>



Roos Recreation Center

For an up-to-date facility schedule, as well as membership information, scan the QR code and visit our website!



For more Roos Fitness & Sports programming, as well as Drop-in sports registration, head over to

<https://bit.ly/FitnessSports2023>

Roos Daily Hours

Monday-Friday

5:00am-8:00pm

Saturday

6:00am-6:00pm

Sunday

7:00am-5:00pm

Roos Recreation Center Membership Rates



Membership	Resident	Non-Resident
Veteran Annual	\$0	N/A
Adult Annual	\$181	\$264
Adult Monthly	\$24	\$33
Student Annual	\$160	\$219
Student Monthly	\$20	\$31
Senior Annual	\$110	\$160
Senior Monthly	\$11	\$20
Corporate Annual	\$220	N/A
Corporate Monthly	\$29	N/A

Visit the Roos website at <https://bit.ly/RoosRecreationCenter>





Forest Park Public Library

Teen Programming

Nov. 1, 4:00 PM and Dec. 6, 4:00 PM: Teen Service Club

Are you a teen in grades 8-12? Do you need service or volunteer hours? Do you just love the Library and want to put your stamp on it? Join us for our monthly Service Club! We'll plan programs, complete projects, and talk about how you can make Forest Park Public Library your own. Every club meeting counts as a service hour.

Nov. 6, 4:00 PM: Gamemaster Academy

If you've ever wanted to learn how to run a roleplaying game, this is the workshop for you! We'll start with what makes a great gamemaster and teach you tips and tricks applicable to any tabletop game. Then we'll cover the basics of running a Dungeons & Dragons game.

Nov. 14, 4:00 PM: Teen Craft Tuesday: Does it Duct Tape?

You can use duct tape to make so many things. Check out a small sample of them today!

Nov. 27, 4:00 PM: Tiny Tea Time

What's better than food? Food that's tiny! Extend your pinky and raise your (tiny) tea cup at this miniature tea party.

Dec. 11, 7:00 PM: The Financial Aid Process

The Illinois Student Assistance Commission empowers Illinois students with information and assistance to help make education beyond high school accessible and affordable. In this presentation, they will outline the financial aid process, how financial aid works and how to apply, student eligibility and how to use it to help pay for college.

Dec. 19, 4:00 PM: Teen Craft Tuesday: Book Binding

Learn some basic book binding techniques and create a unique hand-stitched notebook.

Dec. 26, 27, and 28, 3:00 PM: Escape Room Games

It's an escape room...in a box! Choose from one of three different adventures, or come every day and try them all!

More information and links to register for these awesome programs can be found at <https://fppl.evanced.info/signup/Calendar>



Have any fun programming ideas you think we should look into? Would you like to teach a class that we don't currently offer?

We want to hear from YOU!

If you have any fun ideas you'd like to pass along, feel free to send us an e-mail at hr@pdofp.org!

Facility Rentals

We've got some great indoor and outdoor rental space available for your fun or party needs! Banquet rooms, tennis courts, fields and more! See pricing and facility information at

<https://bit.ly/PDoFPRentals>

Questions? Give us a call at 708-366-7500 or e-mail

kschlichting@pdofpstaff.org



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Find more information on all current and upcoming Park District of Forest Park programs & events and create your account(s) at

<https://bit.ly/AmiliaPDoFP>





Spread the fun

enriching lives through recreation

As an extension of the
PARK DISTRICT OF FOREST PARK,
WSSRA offers our residents
recreation programs for persons
with disabilities, of all ages and
ability levels.

Programs include fitness, art,
Special Olympics, social, camp,
swim and excursion programs.
Participants gain skills, make
friends, increase self-confidence,
visit new places and most
importantly have fun.

A LEKOTEK family based toy
lending/play program is also available.

Register for WSSRA's
seasonal programs and
special events
at **WSSRA.NET**



Upcoming WSSRA Special Events

Fallin' For Our Stars - 11/10
Parent Date Night - 11/10
Boo Bash! - 10/22
Turkey Bingo - 11/17
Polar Express - 12/9
Cookies with Santa - 12/13

FIND US ONLINE FOR MORE INFO



@w.s.s.r.a

West Suburban Special Recreation Association
2915 Maple Street Franklin Park, IL 60131
(847) 455-2100 • wssra.net



Take Time for Fun at the Park District of Forest Park!

Stay up-to-date on all PDoFP programs, events, and news
by following us on Social Media or visiting our website!



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@PDForestPark



@RoosRecCenter



@FPAquaticCenter

www.PDoFP.org

Admin. Building: 708-366-7500

Roos Rec Center: 708-866-7667



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