

October 2020 Newsletter



Letter from the Executive Director

The fall season is here! We're looking forward to the beautiful colors that will surround us at the park. We hope the services we have been able to offer have provided a positive level of health and wellness that families need. The health and safety of our residents is always our number one priority!

Our drive-in movies at the Altenheim concluded this past month. A giant thank you goes out to the village for providing us and residents with the perfect setting for an entertaining evening under the stars. Much like the last few months, fall is going to look a bit different this year. Once again, staff has gotten creative with some great ideas to help our residents enjoy some fall activities! We have a lot of fun planned for the Halloween season along our pathways. Our month-by-month programming continues into October. The 4-week dance classes have been a success, our youth sports programs have been allowing children to stay active, and we've got some great programming on-deck.

As the temperatures drop and we feel a chill in the air, we are looking forward to having you back at the Roos to meet your fitness goals! Equipment is spread out throughout the facility to ensure a safe workout experience. Membership info can be found within.

We continue to appreciate the great community feedback. It only helps make us better. We understand the importance of providing our services in this challenging time and we are working extremely hard to be able to continue while following all the proper guidelines. Thank you for all the respect you have shown us. Through cooperation and respect, we can stay creative and figure out the best ways to provide quality recreation activities.

See you in the Park!

Jackie Iovinelli

DANCE

Take your tiny dancer's movement skills to the next level with one of our great youth dance programs! Emphasize the fun in fundamentals with Ballet/Tap, Creative Movement, Tumbling Tots, or unlock your inner-rhythm and creativity at Hip Hop with Mr. Sidney!

Mondays, Oct. 5 - 26

Tumbling 4:15 - 5:00pm

Ages 3-8

R: \$34/NR: \$44

<https://bit.ly/TumblingOct2020>

Creative Movement 5:00 - 5:45pm

Ages 3-4

R: \$34/NR: \$44

<https://bit.ly/CreativeMovementOct2020>

Ballet/Tap Combo 5:45 - 6:45pm

Ages 5-12

R: \$44/NR: \$54

<https://bit.ly/BalletTapOct2020>

Tuesdays, Oct. 6 - Oct. 27

Hip-Hop 5:00 - 5:45pm

Ages 6-14

R: \$42/NR: \$52

<https://bit.ly/HipHopOct2020>



PD FP Park District of Forest Park After School Recess

AFTER SCHOOL RECESS PROVIDES A SAFE ENVIRONMENT FOR SCHOOL AGED CHILDREN

AFTER A DAY OF REMOTE LEARNING

- **OPEN TO ALL FOREST PARK RESIDENTS K - 6**
- **HOURS: 3 - 6PM**
- **FEE: \$65 IF REGISTERED FOR ENTIRE WEEK OR \$25 PER DAY (MUST PRE-REGISTER)**
- **DROP-OFF/PICK-UP WILL BE AT DAY CAMP BUILDING**
- **SNACK SERVED**

ALL PROTOCOL FOR SOCIAL DISTANCING, MASK WEARING, AND GROUP SIZES WILL BE FOLLOWED. OUR FOCUS IS STAYING UP-TO-DATE WITH ALL IDPH GUIDELINES.



WE WILL CONTINUE WORKING WITH THE SCHOOL DISTRICT AS SCHEDULES CHANGE.



Halloween Happenings at PDoFP

PDoFP BOO BAGS

Park District of Forest Park

Enjoy a sweet little treat with our PDoFP Halloween Boo Bags!

- Registration is open Oct. 5 - 23
- Pre-registration required for each child requesting a bag
- Forest Park residents only
- Ages 1-14
- Limited number of bags available
- Special thanks to Ferrara Candy for their donation to our bags!



Sign-up for your Boo Bag at
<https://bit.ly/PDoFPBooBags>

HALLOWEEN HOME MAKEOVER CONTEST

Oct. 1 - Oct. 22

Houses will be judged by curb appeal, creativity, use of theme, use of yard and house, and originality.

Winners will receive FREE pool passes for up to four members!

To be considered, register at
<http://bit.ly/HalloweenDecoratingPDoFP>



Tricks and Treats on Scarrison Street

Take a stroll down Scarrison Street, see the night come alive on Sansone Drive, and enjoy some Boos at the Roos from Oct. 9 - 31! We'll be decorating the park from Des Plaines to Circle, so prepare for some frights and some fun as you enjoy a nice Halloween themed walk through the park.



Story Walk: The Hallo-Wiener

Take a walk at the park from Oct. 9-31 and enjoy the hot-dog heroics of Oscar the Dachshund on Halloween!



PDoFP Park District of Forest Park Halloween Home Makeover Participant

Enter your hair-raising home and receive one of these sweet signs to show off your chilling chalets!





Membership Information

Membership	Monthly	Monthly	Yearly	Yearly
Residency	Resident	Non-Res	Resident	Non-Res
Individual	\$18	\$27	\$144	\$216
Couple	\$30	\$45	\$264	\$396
Student	\$15	\$25	\$125	\$188
Senior	\$10	\$15	\$100	\$125

Whether you're looking to begin a new fitness journey, or want to continue working towards your goals, look no further than the Roos!

We're back open with

[COVID friendly guidelines](#) to ensure the safety of all of our members & staff.

Have a question? Call 708-866-7667!



Facility Rentals

If you're looking for some unique space to host a fun, socially distanced gathering, we've got the perfect space! Did you know that you can rent each of our two outdoor park pavilions*?

*Includes 3 tables under a covered pavilion.

You can also rent out our USTA certified tennis courts.

*If you intend to run lessons on our tennis courts, you **MUST** rent the court.*

For rental info, e-mail Shannon Wood at SWood@pdofp.org or call (708) 366-7500 ext. 111

Board of Commissioners

Roy Sansone - President
Cathleen McDermott - Vice President
John Doss - Commissioner
Eric Entler - Commissioner
Matt Walsh - Commissioner

Park District Staff

Jackie Iovinelli - Executive Director
Jeff Murphy - Business Manager
Ryan Russ - Superintendent of Parks
Adam Cumbee - Comm. & Marketing Mgr.
Rachell Entler - Recreation Supervisor
Andrew Doss - Facility & Athletic Sup.
Danette Krajewski - Recreation Supervisor
Shannon Wood - Administrative Assistant



Virtual Senior Yoga

Thursdays through Nov. 12 via Zoom!

- Senior Mat Yoga: 10:00 am
- Senior Chair Yoga: 11:30 am

Cost: \$25 for all 7 classes

Visit <https://bit.ly/SrMatYogaOct2020>
or <https://bit.ly/SrChairYogaOct2020>
for more info or to register.



Pilates

Mon. & Weds. through Nov. 30
5:30-6:30 pm

Cost: \$8 Drop-in fee

Unlock your core with this great
movement based program
Participants must bring their own mats.

Register at
<http://bit.ly/DropInPilatesFall2020>

PRE-K Playdate w/ MRS. MEGHAN

EVERY MON. & WEDS. FROM 2-3PM
OCTOBER 19 - NOVEMBER 11
R: \$40 / NR: \$50

ARTS • CRAFTS • GAMES • GARDENING



Join Mrs. Meghan Mondays and Wednesdays from Oct. 19- Nov. 11
for Pre-K Playdate and enjoy arts, crafts, gardening, games and more
for ages 3-5! For more, or to register, visit <https://bit.ly/PreKPlayOct2020>

Youth Sports

Basketball 101 with Hot Shots Sports

Mondays through Oct. 26

Ages 5-7

This Hot Shots Sports program is the perfect place for your basketball star to move beyond basic instruction and begin understanding the deeper ins and outs of the game of basketball!

For more, or to register, visit

<http://bit.ly/BBall101Fall2020>

Youth & Adult Tennis

Tues. (Beginner): Oct. 6 - Oct. 27

6:30-8:00 pm, R: \$50/NR: \$60

Thurs. (Adv. & Intermediate): Oct. 8 - Oct. 29

6:30-8:00 pm

Youth Indoor Tennis

Saturdays, Oct. 31 - Nov. 21

5-8 years old: 9:00-10:00 am

9-11 years old: 10:00-11:00 am

R: \$40/NR: \$50

For more, visit <http://bit.ly/PDOFPRegistration>.



Basketball at the Roos

Enjoy some after school hoops Tuesdays at the Roos from Nov. 3 - Dec. 22. Players will learn the fundamentals of basketball in a safe, socially distant manner.

Special attention will be paid to dribbling, passing, shooting, and teamwork.

Please bring your own basketball to use during class. If you cannot, please reach out!

Cost: R: \$60/NR: \$70

Ages 3-5 3:30 - 4:15pm

<http://bit.ly/RoosTuesBball3-5>

Ages 6-9 4:15 - 5:00pm

<http://bit.ly/RoosTuesBball6-9>

Ages 10-13 5:00 - 6:00pm

<http://bit.ly/RoosTuesBball10-13>



Holiday Sports

Thanksgiving Basketball Shootout

What better way to kick off Thanksgiving Break than a day of basketball competitions and prizes on Nov. 25 at the Roos?! Competitions will include: 3-point contest, layup contest, Around the World, and more!

Cost: \$20

Spots are limited, so register early!

Ages 6-8 10:00 - 11:45am

<http://bit.ly/BballShootout6-8>

Ages 9-11 noon - 1:45pm

<http://bit.ly/BballShootout9-11>

Ages 12-14 2:00 - 3:45pm

<http://bit.ly/BballShootout12-14>



Winter Break Fun at the Roos!

Looking for some extra fun during winter break? We've got you covered!

Enjoy fun and mini-games at the Roos with our recess-style program from Dec. 28 - Jan. 1.

Cost: R: \$45/NR: \$50

Register early before it fills up!

Ages 4-6 10:00 - 11:00am

<http://bit.ly/RoosWinterBreak4-6>

Ages 7-10 11:00am - noon

<http://bit.ly/RoosWinterBreak7-10>

Ages 11-14 noon - 1:00pm

<http://bit.ly/RoosWinterBreak11-14>



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STAY UP-TO-DATE ON ALL PARK DISTRICT OF FOREST PARK PROGRAMS, EVENTS, AND NEWS BY FOLLOWING US ON SOCIAL MEDIA!



@PDoFP



@PDFORESTPARK



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@RoosRecCenter

WWW.PDoFP.ORG

ADMIN. BUILDING: 708-366-7500

ROOS REC CENTER: 708-866-7667

TO REGISTER FOR A PROGRAM, VISIT

[HTTP://BIT.LY/PDofFPREGISTRATION](http://bit.ly/PDofFPRegistration)

